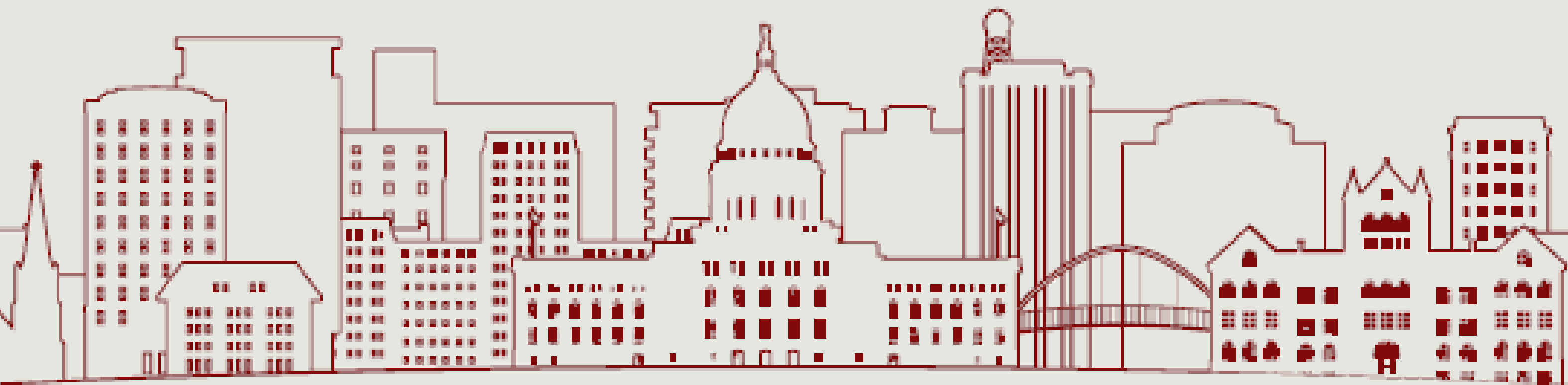


# WHERE EVIDENCE MEETS REFLECTION: PHYSIOTHERAPY RESEARCH RETREAT

JULY, 3-4 2026



POLICLINICO SANT'ORSOLA, MALPIGHI  
PADIGLIONE 11 - AULA VIOLA  
VIA MASSARENTI 9, 40138 - BOLOGNA



THURSDAY

FRIDAY

SATURDAY

2

3

4



# Rationale

Physiotherapy research has experienced rapid growth in recent years, with increasing emphasis on evidence-based practice, technological innovation, and translational approaches bridging basic science and clinical application.

Despite this expansion, opportunities for structured scientific exchange within physiotherapy — particularly in small, interactive formats — remain limited.

Physiotherapy research is inherently grounded in ethical responsibility, respect for human dignity, and the promotion of meaningful participation in everyday life.

Scientific advancement in physiotherapy is not limited to improving clinical outcomes, but also contributes to strengthening the professional identity of physiotherapy as a health discipline centered on person-based care, autonomy, and social value.

In this perspective, research plays a key role in shaping a professional identity that is scientifically robust, ethically grounded, and transferable beyond specific institutional or national contexts. The Physiotherapy Research Retreat aims to create a focused scientific environment that fosters exchange, collaboration, and critical discussion among researchers, clinicians, and PhD students in physiotherapy.

By combining oral presentations, mentorship moments, and a dedicated PhD session, the retreat seeks to support the development of emerging researchers, strengthen national research networks, and enhance the scientific quality, visibility, and societal value of physiotherapy research. Within this context, the Physiotherapy Research Retreat aims to provide a dedicated space for sharing high-quality research, discussing emerging trends, and strengthening the scientific identity of physiotherapy as an academic discipline.

**[Registration is FREE at the following link](#)**



# Preliminary Programme

Friday, 3rd July 2026

10:00-10:30

Introduction (Pillastrini)

10:30-11:15

Inspirational lecture -Trends in physiotherapy research

Mark Elkins (introduced by Andrea Turolla)

11:30-13:00

Oral session

Topic 1

Physiotherapy of Neural Disorders (Pelosin, Geroin)

Break and Mentorship Corner

14:30-16:00

Oral session

Topic 2

Physiotherapy of Musculoskeletal Disorders (Testa, Galeoto)

16:30-18:00

Oral session

Topic 3

Physiopathology of Human Movement (Tramontano, Tamburella)

19:00 Aperidinner



# Preliminary Programme

Saturday, 4th July 2026

8:30-10:00

Oral PhD Session – Physio Pitch (Paci, Putzolu)

10:15-11:45

Oral session

Topic 4 – Cardio-Respiratory, Internal Medicine & Translational  
Physiotherapy (Costi, Bravi)

11:45-13:00

Round Table –Trends and Perspectives in  
Research Physiotherapy (Gatti)

Cattaneo, Piscitelli, Temporiti, Sarasso, Gervasoni.

13:00-13:30

Awards and Conclusions

**[Registration is FREE at the following link](#)**



# Instructions for authors

Scientific abstract must be written exclusively in English and must include the following sections:

Introduction (description of the aims/objectives of the research)

Materials and Methods (description of the methodology used)

Results (description of the research findings)

Conclusions (brief concluding remarks)

References (a maximum of 3 references will be accepted)

It is Mandatory to use the congress template.

Papers must not exceed 5,000 characters (including spaces, excluding references). Figures and tables are not allowed.

Do NOT include the title, authors, or topic within the abstract; these must be entered exclusively using the electronic submission form

[To submit the abstract click here](#)

Contacts: [info.ptretreat@gmail.com](mailto:info.ptretreat@gmail.com)



# Topics description

## Topic 1 – Physiotherapy of Neural Disorders

Neurological physiotherapy

Balance, gait, vestibular physiotherapy

Sensorimotor integration

Activity, participation, real life

## Topic 2 – Physiotherapy of Musculoskeletal Disorders

Musculoskeletal physiotherapy

Pain mechanisms

Tissue remodeling

Activity, participation, real life

## Topic 3 – Physiopathology of the Human Movement

Physiology and physiopathology in physiotherapy

•Movement as an outcome

Performance and capacity

Motor learning

Activity, participation, real life

## Topic 4 – Cardio-Respiratory, Internal Medicine & Translational Physiotherapy

Cardio-respiratory rehabilitation

Pelvic health & continence

Oncology rehabilitation

Post-surgical rehabilitation

Chronic disease & multimorbidity

Cardio-respiratory physiotherapy

Internal medicine

Activity, participation, real life



# Retreat Awards

Best Oral Presentation – Physiotherapy of Neural Disorders

Best Oral Presentation – Physiotherapy of Musculoskeletal Disorders

Best Oral Presentation – Physiopathology of Human Movement

Best Oral Presentation – Cardio-Respiratory, Internal Medicine & Translational Physiotherapy

Best Oral Presentation – PhD students' session

Contacts: [info.ptretreat@gmail.com](mailto:info.ptretreat@gmail.com)



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Andrea Turolla, Alma Mater Studiorum Università di Bologna

**[To submit the abstract click here](#)**

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