

Orange ST, Leslie J, Ross M, Mann DA, Wackerhage H. The exercise IL-6 enigma in cancer. *Trends Endocrinol Metab.* 2023 Nov;34(11):749-763. doi: 10.1016/j.tem.2023.08.001. Epub 2023 Aug 24. PMID: 37633799.

Ligibel JA, Bohlke K, May AM, Clinton SK, Demark-Wahnefried W, Gilchrist SC, Irwin ML, Late M, Mansfield S, Marshall TF, Meyerhardt JA, Thomson CA, Wood WA, Alfano CM. Exercise, Diet, and Weight Management During Cancer Treatment: ASCO Guideline. *J Clin Oncol.* 2022 Aug 1;40(22):2491-2507. doi: 10.1200/JCO.22.00687. Epub 2022 May 16. PMID: 35576506.

Ramezanzade Tabriz E, Ramezani M, Heydari A, Aledavood SA. Health-Promoting Lifestyle among the Survivors of Colorectal Cancer: An Integrative Review. *J Caring Sci.* 2023 Mar 14;12(3):201-210. doi: 10.34172/jcs.2023.31768. PMID: 38020738; PMCID: PMC10663441.

Hahn AW, Thoman W, Koutroumpakis E, Abdulla A, Subudhi SK, Aparicio A, Basen-Enngquist K, Logothetis CJ, Gilchrist SC. Cardiometabolic healthcare for men with prostate cancer: an MD Anderson Cancer Center experience. *Cardiooncology.* 2023 Sep 13;9(1):33. doi: 10.1186/s40959-023-00186-x. PMID: 37705024; PMCID: PMC10498569.

Cannioto RA, Attwood KM, Davis EW, Mendicino LA, Hutson A, Zirpoli GR, Tang L, Nair NM, Barlow W, Hershman DL, Unger JM, Moore HCF, Isaacs C, Hobday TJ, Hortobagyi GN, Gralow JR, Albain KS, Budd GT, Ambrosone CB. Adherence to Cancer Prevention Lifestyle Recommendations Before, During, and 2 Years After Treatment for High-risk Breast Cancer. *JAMA Netw Open.* 2023 May 1;6(5):e2311673. doi: 10.1001/jamanetworkopen.2023.11673. PMID: 37140922; PMCID: PMC10160875.

Courneya KS, Friedenreich CM. Designing, analyzing, and interpreting observational studies of physical activity and cancer outcomes from a clinical oncology perspective. *Front Oncol.* 2023 Apr 14;13:1098278. doi: 10.3389/fonc.2023.1098278. PMID: 37124538; PMCID: PMC10147404.

Brown JC, Ma C, Shi Q, Niedzwiecki D, Zemla T, Couture F, Kuebler P, Kumar P, Hopkins JO, Tan B, Krishnamurthi S, O'Reilly EM, Shields AF, Meyerhardt JA. Association between physical activity and the time course of cancer recurrence in stage III colon cancer. *Br J Sports Med.* 2023 Aug;57(15):965-971. doi: 10.1136/bjsports-2022-106445. Epub 2023 Mar 6. PMID: 36878665; PMCID: PMC10423490.

Natalucci V, Ferri Marini C, De Santi M, Annibalini G, Lucertini F, Vallorani L, Panico AR, Sisti D, Saltarelli R, Donati Zeppa S, Agostini D, Gervasi M, Baldelli G, Grassi E, Nart A, Rossato M, Biancalana V, Piccoli G, Benelli P, Villarini A, Somaini M, Catalano V, Guarino S, Pietrelli A, Monaldi S, Sarti D, Barocci S, Flori M, Rocchi MBL, Brandi G, Stocchi V, Emili R, Barbieri E. Movement and health beyond care, MoviS: study protocol for a randomized clinical trial on nutrition and exercise educational programs for breast cancer survivors. *Trials.* 2023 Feb 22;24(1):134. doi: 10.1186/s13063-023-07153-y. PMID: 36814313; PMCID: PMC9946288.

van Zutphen M, Hof JP, Aben KK, Kampman E, Witjes JA, Kiemeny LA, Vrieling A. Adherence to lifestyle recommendations after non-muscle invasive bladder cancer diagnosis and risk of recurrence. *Am J Clin Nutr.* 2023 Apr;117(4):681-690. doi: 10.1016/j.ajcnut.2022.12.022. Epub 2023 Feb 11. PMID: 36781128.

Bonetti L, Barello S, Franzoso-Sartorio C, Rinaldi MC, Cattaneo A, Tolotti A, Liptrott S, Sari D. Protocol for a pilot and feasibility study evaluating a complex nurse-led patient education intervention to promote cancer patient engagement in healthy lifestyle (O-PHE programme). *BMJ Open.* 2022 Dec 23;12(12):e066163. doi: 10.1136/bmjopen-2022-066163. PMID: 36564120; PMCID: PMC9791443.

Kenfield SA, Philip EJ, Phillips SM, Meyerhardt JA, Chan JM, Atreya CE, Kim MO, Harris Q, Steiding P, Macaire G, McCullough ML, Piawah S, Johnson WY, Kurttila FA, Lewis WL, Pesmen C, Watson Y, Van Blarigan EL. Optimizing intervention tools to improve nutrition and physical activity for colorectal cancer survivors (Tools To Be Fit): Study protocol of a randomized factorial experiment. *Contemp Clin Trials*. 2022 Dec;123:107009. doi: 10.1016/j.cct.2022.107009. Epub 2022 Nov 15. PMID: 36396066; PMCID: PMC10561599.

Ryu S, Adams K, Chen Y, Gao Z. Breast cancer survivors' physical activity, psychosocial beliefs, daily trip behaviors, and subjective well-being: A descriptive study. *Complement Ther Clin Pract*. 2022 Nov;49:101688. doi: 10.1016/j.ctcp.2022.101688. Epub 2022 Nov 2. PMID: 36347153.

de Almeida Marques Bernabé R, de Souza Vieira M, Felício de Souza V, Gomes Fontana L, Albergaria BH, Marques-Rocha JL, Guandalini VR. Muscle strength is associated with fracture risk obtained by fracture risk assessment tool (FRAX) in women with breast cancer. *BMC Cancer*. 2022 Nov 1;22(1):1115. doi: 10.1186/s12885-022-10203-4. PMID: 36320019; PMCID: PMC9623985.

Cariolou M, Abar L, Aune D, Balducci K, Becerra-Tomás N, Greenwood DC, Markozannes G, Nanu N, Vieira R, Giovannucci EL, Gunter MJ, Jackson AA, Kampman E, Lund V, Allen K, Brockton NT, Croker H, Katsikioti D, McGinley-Gieser D, Mitrou P, Wiseman M, Cross AJ, Riboli E, Clinton SK, McTiernan A, Norat T, Tsilidis KK, Chan DSM. Postdiagnosis recreational physical activity and breast cancer prognosis: Global Cancer Update Programme (CUP Global) systematic literature review and meta-analysis. *Int J Cancer*. 2023 Feb 15;152(4):600-615. doi: 10.1002/ijc.34324. Epub 2022 Oct 24. PMID: 36279903; PMCID: PMC10091720.

Tsilidis KK, Cariolou M, Becerra-Tomás N, Balducci K, Vieira R, Abar L, Aune D, Markozannes G, Nanu N, Greenwood DC, Giovannucci EL, Gunter MJ, Jackson AA, Kampman E, Lund V, Allen K, Brockton NT, Croker H, Katsikioti D, McGinley-Gieser D, Mitrou P, Wiseman M, Cross AJ, Riboli E, Clinton SK, McTiernan A, Norat T, Chan DSM. Postdiagnosis body fatness, recreational physical activity, dietary factors and breast cancer prognosis: Global Cancer Update Programme (CUP Global) summary of evidence grading. *Int J Cancer*. 2023 Feb 15;152(4):635-644. doi: 10.1002/ijc.34320. Epub 2022 Oct 24. PMID: 36279885; PMCID: PMC10092557.

Kamimura S, Iida T, Watanabe Y, Kitamura K, Kabasawa K, Takahashi A, Saito T, Kobayashi R, Oshiki R, Takachi R, Tsugane S, Iki M, Sasaki A, Yamazaki O, Watanabe K, Nakamura K. Physical activity and recurrent fall risk in community-dwelling Japanese people aged 40-74 years: the Murakami cohort study. *Eur Rev Aging Phys Act*. 2022 Sep 2;19(1):20. doi: 10.1186/s11556-022-00300-5. Erratum in: *Eur Rev Aging Phys Act*. 2022 Oct 24;19(1):25. PMID: 36056330; PMCID: PMC9438326.

Vaz-Luis I, Masiero M, Cavaletti G, Cervantes A, Chlebowski RT, Curigliano G, Felip E, Ferreira AR, Ganz PA, Hegarty J, Jeon J, Johansen C, Joly F, Jordan K, Koczwara B, Lagergren P, Lambertini M, Lenihan D, Linardou H, Loprinzi C, Partridge AH, Rauh S, Steindorf K, van der Graaf W, van de Poll-Franse L, Pentheroudakis G, Peters S, Pravettoni G. ESMO Expert Consensus Statements on Cancer Survivorship: promoting high-quality survivorship care and research in Europe. *Ann Oncol*. 2022 Nov;33(11):1119-1133. doi: 10.1016/j.annonc.2022.07.1941. Epub 2022 Aug 10. PMID: 35963481.

Miyamoto T, Nagao A, Okumura N, Hosaka M. Effect of Post-diagnosis Physical Activity on Breast Cancer Recurrence: a Systematic Review and Meta-analysis. *Curr Oncol Rep*. 2022 Nov;24(11):1645-1659. doi: 10.1007/s11912-022-01287-z. Epub 2022 Aug 10. PMID: 35947284.