



5th INTERNATIONAL GISPT ASR CONFERENCE



RETURN TO SPORT

**KEY PERFORMANCE
INDICATORS**



16 - 17/06/2023

**TECHNOGYM VILLAGE
CESENA (FC)**

www.asrconference.aifi.net

#GISPT23



5th INTERNATIONAL GISPT ASR CONFERENCE

Location: Technogym Village
Via Calcinaro, 2861 | Cesena (FC)



Program

FRIDAY 16th June

H 14,00 – 19,00

Workshops parallel session

- Workshop 1** **Running analysis and re-training**
R.A. Raimondi, D.Vallesio
- Workshop 2** **Restoring sporting function after ACL injury**
N. Phillips
- Workshop 3** **RTS testing should be no surprise: progressive criteria-driven and pillars-based ACL-R rehabilitation incorporating tasks (tests) along the way from the acute phase to Return To Run, Return To Train and Return To Sport**
S. Nutarelli
- Workshop Technogym** **New technologies in strenght training for performance and recover**
S. Zanuso



5th INTERNATIONAL GISPT ASR CONFERENCE

SATURDAY 17th June

H 9,00 – 17,40 | Conference

Conference President: C.S. Ramponi
Scientific Programme Committee: M. Cuniberti,
F. Oliva, B. Parise, M. Rosa, A. Sauchelli,

8,20 – 9,00

9,00 – 9,20

9,20 – 9,45

9,45 – 10,10

10,10 – 10,25

10,25 – 10,40

10,40 – 10,55

10,55 – 11,15

11,15 – 11,25

11,25 – 11,40

11,40 – 11,55

11,55 – 12,05

Registration

Welcome Lectures

M. Rosa, C. Ramponi, A. Piazza

KEYNOTE SESSION (G. Antonini, F. Oliva)

RTS -- The challenge of functional assessment and performance testing in the sporting shoulder M. Salomon - S.Vincenzi

RTS - planification and objective markers - F.Fronzoni

Considerations for returning shoulders back to sport; Physical performance tests are not functional performance tests I. Horsley

RTS - POV Sports Doctor - A. Corsini

Q&A

COFFEE BREAK

JOURNAL SESSION (G.Zolla)

The deceleration index: is it the missing point in rehabilitation? M. Voight - IJSPT

Using clinical expertise and best research evidence to design care pathways for athletes with back pain F. Wilson - BJSM

2022 Bern Consensus Statement on Shoulder Injury Prevention, Rehabilitation, and Return to Sport for Athletes at All Participation Levels

A. Schwank - JOSPT

Q&A





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12,05 – 12,10

POSTER SESSION (D. Bacci)

Versione italiana del Cumberland Ankle Instability Tool (CAIT-I) A. Scariato

12,10 – 12,25

New technologies in strenght training for performance and recover
S. Zanuso

12,25 – 13,40

LUNCH BREAK

**FOCUS SESSION – OVERHEAD ATHLETE
(B. Parise, A. Spada)**

13,40 – 14,00

Restoring sport performance after shoulder injury - N. Phillips

14,00 – 14,20

RTS in Basketball player - L. Buttinoni

14,20 – 14,35

Return to play: shoulders prevention strategies in strength workout of the volleyball player -
G. Ferruccio

14,35 – 14,50

Q&A

14,50 - 15,00

Analisi cinematica ed elettromiografica nel pattinaggio velocità a rotelle
G. Bongiorno, L. Miceli





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FOCUS SESSION – ACL (D. Maremmani, L. Cosi)

15,00 – 15,20

Late-stage rehabilitation and Return-to-Sport in elite football players after ACLR- F. Picinini

15,20 – 15,40

On field rehab in ACL: test and profiling - N. Miraglia

15,40 – 15,55

RTS after ACL-R by different grafts- F.Tosarelli

15,55 – 16,10

Q&A

16,10 – 16,40

COFFEE BREAK

ROUNDTABLE (M. Rosa, F.Oliva, C.S. Ramponi)

16,40 – 16,50

*The role of Sport Psychologist in RTS
E. Cernuschi*

16,50 – 17,30

*Roundtable - E.Cernuschi, N. Miraglia,
F. Tosarelli, G. Ferruccio, L. Buttinoni, L. Miceli,
G. Bongiorno, A. Spada*

17,30 – 17,40

*Farewell lectures
M. Rosa, C. Ramponi*





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Quote d'iscrizione

Super Early Bird fino al 06/03/2023

- Fisioterapista iscritto GIS – Sport AIFI: 185,00 IVA inclusa
- LSM (no workshop): 185,00 IVA inclusa
- Fisioterapista iscritto AIFI: 220,00 IVA inclusa
- Fisioterapista non iscritto AIFI: 240,00 IVA inclusa
- Medici, altre professioni sanitarie: 240,00 IVA inclusa
- Studente CDL Fisioterapia/LSM: (no workshop)
120,00 IVA inclusa

Early Bird da 07/03/2023 al 03/04/2023

- Fisioterapista iscritto GIS – Sport AIFI: 220,00 IVA inclusa
- LSM (no workshop): 220,00 IVA inclusa
- Fisioterapista iscritto AIFI: 250,00 IVA inclusa
- Fisioterapista non iscritto AIFI: 270,00 IVA inclusa
- Medici, altre professioni sanitarie: 270,00 IVA inclusa
- Studente CDL Fisioterapia/LSM (no workshop):
145,00 IVA inclusa

Regular fare da 04/04/2023 al 15/06/2023

- Fisioterapista iscritto GIS – Sport AIFI: 270,00 IVA inclusa
- LSM (no workshop): 270,00 IVA inclusa
- Fisioterapista iscritto AIFI: 295,00 IVA inclusa
- Fisioterapista non iscritto AIFI: 315,00 IVA inclusa
- Medici, altre professioni sanitarie: 315,00 IVA inclusa
- Studente CDL Fisioterapia/LSM (no workshop):
195,00 IVA inclusa

Link d'iscrizione o scansiona il QR code

<https://forms.gle/iu3S4bJC6yF1zcys5>

Per informazioni scrivi a:

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PATROCINI



IJSPT

INTERNATIONAL JOURNAL OF
SPORTS PHYSICAL THERAPY

