

#GISPT21



## SCIENTIFIC PROGRAM

[WWW.ASRCONFERENCE.IT](http://WWW.ASRCONFERENCE.IT)

TUESDAY MARCH 16TH, 2021

### WELCOME LECTURES

KEYNOTE - N.BITTENCOURT - IS IT POSSIBLE TO PREVENT SPORT'S INJURIES?

L.DE MICHELIS - THE ROLE OF SPORTS PHYSIOTHERAPIST IN SPORTS INJURY PREVENTION

Q&A

### PATELLOFEMORAL PAIN SESSION

N.R.MENEZES - EPIDEMIOLOGY AND PATHOGENESIS OF PFP

M.MUGNAIOLI - INJURY PREVENTION IN PFP: PRACTICAL STRATEGIES

Q&A

#GISPT21



## SCIENTIFIC PROGRAM

[WWW.ASRCONFERENCE.IT](http://WWW.ASRCONFERENCE.IT)

WEDNESDAY MARCH 17TH, 2021

### SPORTS EPIDEMIOLOGY SESSION

KEYNOTE - E.WIK - WHY TO COLLECT EPIDEMIOLOGICAL DATAS IN SPORTS MEDICINE?

N.VAN DYK - THE ROLE OF THE PHYSIOTHERAPIST IN INJURY SURVEILLANCE

P.D.BERTINI - ITALIAN CULTURAL ADAPTATION OF THE STROBE-SIIS CHECKLIST

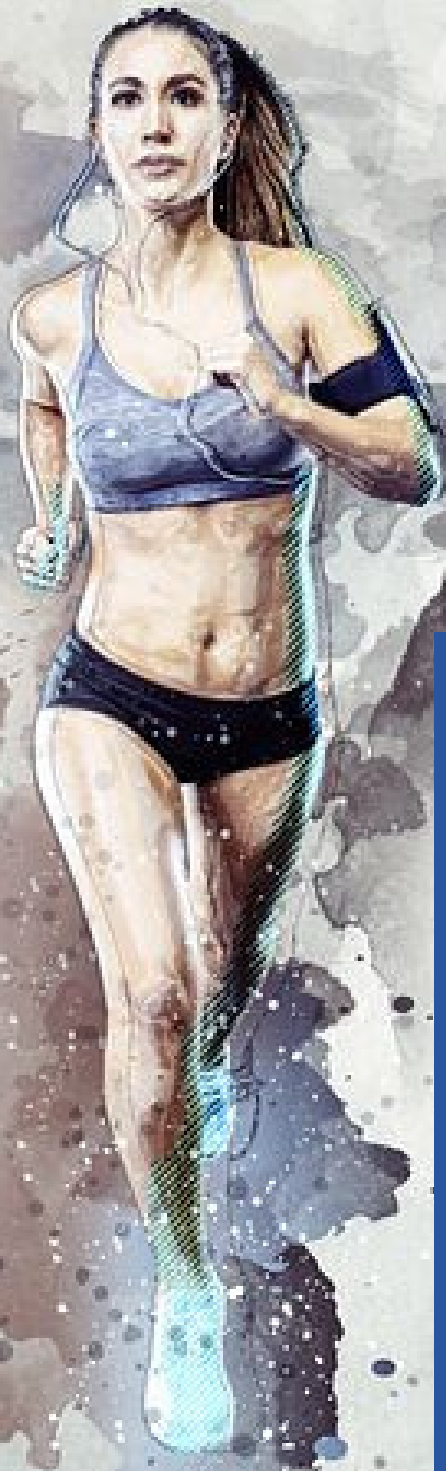
Q&A

### FEMALE ATHLETE SESSION

K.ACKERMANN - THE APPROACH TO FEMALE ATHLETE

E.BASSINI - PREVENTION AND MANAGEMENT OF PELVIC FLOOR DYSFUNCTIONS IN ATHLETES

Q&A



#GISPT21



## SCIENTIFIC PROGRAM

[WWW.ASRCONFERENCE.IT](http://WWW.ASRCONFERENCE.IT)

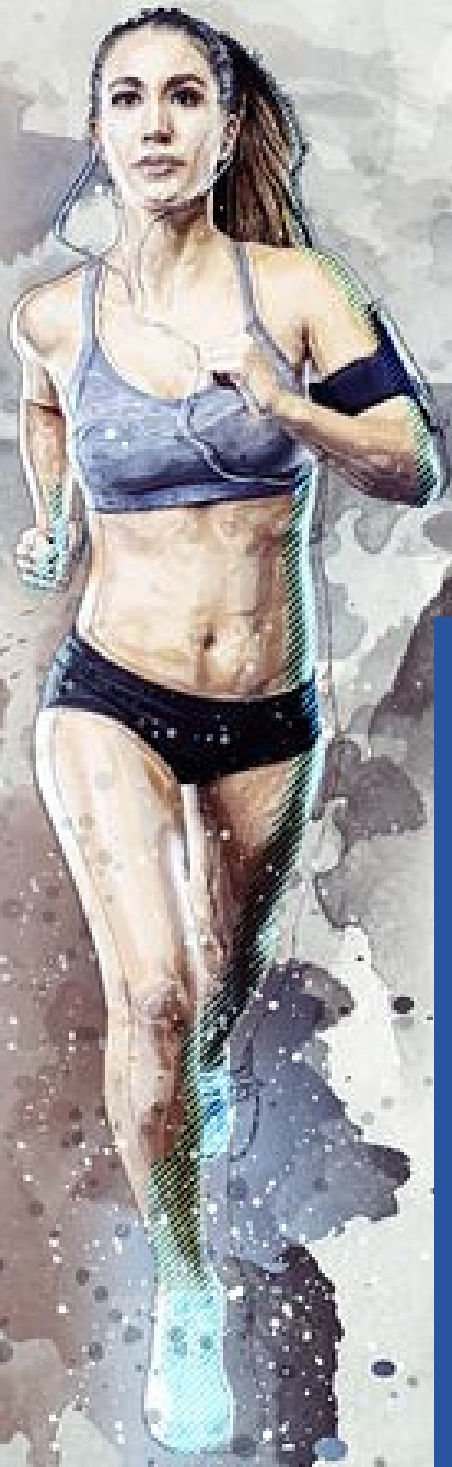
THURSDAY MARCH 18TH, 2021

### LOAD MANAGEMENT SESSION

KEYNOTE - F. IMPELLIZZERI - [HOW TO MANAGE LOAD](#)  
M. CARDINALE - [HOW TO ASSESS LOAD](#)  
Q&A

### COMPLEMENTARY STRATEGIES TO MANAGE LOAD

S. PULLINGER - [THE IMPORTANCE OF SLEEP IN INJURY PREVENTION](#)  
A. RUSCIANO - [NEUROENHANCEMENT IN ATHLETES](#)  
C. PETRI - [NUTRITION AND INJURY PREVENTION](#)  
C. CONTI - [THE ROLE OF SPORTS PSYCHOLOGIST IN SPORTS INJURY PREVENTION](#)  
Q&A



#GISPT21



# SCIENTIFIC PROGRAM

[WWW.ASRCONFERENCE.IT](http://WWW.ASRCONFERENCE.IT)

FRIDAY MARCH 19TH, 2021

**KEYNOTE - A.TUROLLA - MOTOR CONTROL AND LEARNING IN SPORTS INJURY PREVENTION**

**P.FANLO MAZAS - INJURY PREVENTION IN CLIMBING Q&A**

**ITALIAN SESSION - CONTACT SPORTS**

**M.ROMANO - SPORTS INJURY PREVENTION IN SOCCER**

**D.CORNETTI - SPORTS INJURY PREVENTION IN BASKETBALL**

**M.CATTANEO - SPORTS INJURY PREVENTION IN ICE HOCKEY**

**D.D'ERRICO - SPORTS INJURY PREVENTION IN RUGBY**

**Q&A**

**ITALIAN SESSION - NON CONTACT SPORTS**

**M.MASCHERONI - SPORTS INJURY PREVENTION IN VOLLEYBALL**

**P.MORESCHI - SPORTS INJURY PREVENTION IN SWIMMING**

**L.COSI - SPORTS INJURY PREVENTION IN ALPINE SKI**

**F.BALBI - SPORTS INJURY PREVENTION IN FENCING**

**Q&A**