



# 1st GISPT INTERNATIONAL CONFERENCE

SERMIG | TORINO 14-15 NOVEMBRE 2015

## ADVANCES IN SPORT REHABILITATION

CLINICAL REASONING  
AND PRACTICE

EVENTO A CURA DI



Sinergia & Sviluppo srl  
Formazione e Servizi  
per le Professioni Sanitarie  
Provider ECM nazionale n.1185

ASRCONFERENCE.IT

ENDORSEMENT





## ASR CONFERENCE 2015

**Conference president:** Nicola Philips

**GISPT President:** Carlo Ramponi

**Scientific Committee:** Luca Francini *Committee chair*, Philip Glasgow, Marco Briganti, Roberto Gatti, Nicola Maffulli, Stefano Zaffagnini, Daniele Salvagnini, , Raphael Rinaldi, Carlo Ramponi

**Organization Committee:** Marco Cuniberti *Committee chair*, Luigi Di Filippo, Paola Moreschi, Elena Dovetta, Lisa Cosi, Christian Lorenzini

### INTRODUCTION

After the success of the Italian edition in 2014, this year Advances in Sport Rehabilitation become an international event focused on physiotherapy and sports rehabilitation. The goal is to make this event, one of the main scientific events promoted with closer collaboration of the International Federation IFSPT, with most important national scientific networks as well as with the support of the national sport federation and, first of all, of Italian Olympic National Committee (CONI).

More than 30 speakers, including 10 international guests, will be the protagonists of the two days that will also include the presentation of important results of TURIN POSITION STATEMENT: LCA POST SURGERY REHABILITATION that will see the conclusion of its work the day before the conference.

The event will be enriched by parallel sessions promoted by some partners of the event, as well as by the presence of three poster sessions that will involve the best Post Graduate students in Sport Physical Therapy.

ASR2015 has been included in the events of Torino2015 - Capital European Sports. Next edition will be in 2017 with the aim to link to our conference also the Symposium and the GM IFSPT.

The scientific GISPT week will include by two courses and a free university conference held by some international guests attending the ASR2015.

We also set up a link with the FIRST WORLD SPORTS PHYSICAL THERAPY CONGRESS to be held in Bern on 20-21 November. GIS Sport will organize a transfer to attend this important conference, that will be linked to the Symposium and the GM IFSPT 2015.

# PROGRAMME

SATURDAY 14 NOVEMBER

## **SESSION 1 | VOLLEYBALL SESSION: THE SHOULDER**

*Chairmen:*

A. AMMENDOLIA

A. POSER

SHOULDER INSTABILITY: EPIDEMIOLOGICAL AND BIOMECHANICAL ASPECTS

D. CRETA

SHOULDER ASSESSMENT: A NEW PERSPECTIVE

D. RISTORI

PAINFULL SHOULDER IN VOLLEYBALL PLAYER.

TREATMENT BY A FUNCTIONAL APPROACH

A. FUSCO

THERAPEUTIC EXERCISES AND SPORT SPECIFIC REHABILITATION

P. GLASGOW



## **SESSION 2 | BASKETBALL SESSION: THE KNEE**

*Chairmen:*

N. MAFFULLI

M. ROSA

WHERE IS THE PAIN COMING FROM IN TENDINOPATHY?

T. JARVINEN

ACUTE MANAGEMENT WITH MANUAL THERAPY

L. DI FILIPPO

THERAPEUTIC EXERCISES AND SPORT SPECIFIC REHABILITATION

N. PHILIPS

SPORT SPECIFIC POST REHAB RE-ATHLETIC TRAINING

D. LASINI



## **SESSION 3 | SPECIAL SESSION: RETURN TO PLAY**

*Chairmen:*

L. PEREZ

S. ZAFFAGNINI

R. RINALDI

*Roundle Table:*

A. AMMENDOLIA, D. CRETA, C. CONTI, M. FERRELLI,

N. PHILIPS, G. VERCELLI



**SESSION 4 | SPECIAL SESSION: RESULTS OF TURIN POSITION STATEMENT**

*Chairmen:*

S. CECCHETTO

D. ALBERTONI

RESEARCH PROJECT

L. FRANCINI

RESULTS OF T.P.S.

C. RAMPONI - R. RINALDI

*Roundle Table:*

MEMBER OF T.P.S. WORK GROUP



**SESSION 5 | SKI SESSION: LBP**

*Chairmen:*

FISI Medical Doctor

L. VISCONTI

LOW BACK PAIN IN SKIING: EPIDEMIOLOGICAL AND CLINICAL ASPECTS

A. VALENT

MANUAL THERAPY FOR THE DYSFUNCTIONS OF THE LUMBAR SPINE

IN CROSS-COUNTRY SKIERS

P. MAZAS

THERAPEUTIC EXERCISES AND SPORT SPECIFIC REHABILITATION

P. GLASGOW

SPORT SPECIFIC POST REHAB RE-ATHLETIC TRAINING

D. LASINI



**SUNDAY, 15 NOVEMBER**

**SESSION 6 | SOCCER SESSION: THE HIP**

*Chairmen:*

F. TENCONE

S. ZAFFAGNINI

M. FERRELLI

GROIN PAIN IN SOCCER: EPIDEMIOLOGICAL AND CLINICAL ASPECTS

T.L. PEREZ

GROIN PAIN SYNDROME : ACUTE MANAGEMENT WITH MANUAL THERAPY

L. DI FILIPPO

THE SPINE IN GROIN PAIN

M. CATTANEO

REHABILITATION AND RETURN TO PLAY SOCCER AFTER GROIN INJURY

R. RINALDI





## **SESSION 7 | FENCING SESSION: THE ANKLE**

*Chairmen*

A. FIORE

A. POSER

ANKLE SPRAIN IN FENCING: EPIDEMIOLOGICAL AND CLINICAL ASPECTS

N. MAFULLI

FUNCTIONAL TAPING IN ANKLE SPRAIN

M. CONSTANTINOU

CLINICAL EXPERTISE IN NATIONAL TEAM

F. BALBI

THERAPEUTIC EXERCISES AND SPORT SPECIFIC REHABILITATION

N. PHILIPS



## **SESSION 8 | MISCELLANEOUS SESSION**

*Chairmen:*

D. CRETA

DI FILIPPO

HEALTH TEAM WORKGROUP

L. PEREZ

THE PSYCHOLOGICAL CONTENT OF PHYSIOTHERAPISTS PRACTICE

C. CONTI

ACTION OBSERVATION AND MOTOR IMAGERY IN ATHLETES REHABILITATION

R. GATTI

SPORT & CONCUSSION

M. BROWN



## **SESSION 9 | SPECIAL SESSION: PRESENTATION OF "ITALIAN SPT" CERTIFICATION**

*Chairmen:*

M. CONSTANTINOU

E. DOVETTA

INTERNATIONAL OVERVIEW

N. PHILIPS

ITALIAN SPT CERTIFICATION

C. RAMPONI

PRESENTATION OF APPLICATION FORM

L. FRANCINI



**SESSION 10 | TENNIS SESSION: THE SHOULDER**

*Chairmen:*

D. CRETA

A. AMMENDOLIA

E. TORTOLI

TRAUMATIC ANTEROINFERIOR INSTABILITY IN TENNIS PLAYER

G. DI GIACOMO

THE ROLE OF POSTERIOR SHOULDER TIGHTNESS IN OVERHEAD ATHLETE

A. POSER

SHOULDER REHABILITATIVE MANAGEMENT WITH FUNCTIONAL TRAINING MODALITIES IN ELITE  
TENNIS PLAYER

C. ZIMAGLIA

THERAPEUTIC EXERCISES AND SPORT SPECIFIC REHABILITATION

M. BROWN



## SPEAKERS



**A. AMMENDOLIA**  
*Orthopaedic surgeon, Università of Catanzaro, President of AMIV*



**N. MAFFULLI**  
*Orthopaedic surgeon, Università of Salerno and Queen Mary university of London Barts, President ISMULT*



**S. ZAFFAGNINI**  
*Orthopaedic surgeon, Università of Bologna, President SIGASCOT*



**L. TIL-PÉREZ**  
*Orthopedics and Sports Medicine FC Barcelona Spanish Olympic Training Center CAR*



**T. JARVINEN**  
*Orthopaedic surgeon, University of Tampere, Finland*



**D. CRETA**  
*Physician, Bologna*



**F. TENCONE**  
*Isokinetic Medical Group, Turin Juventus Football Club*



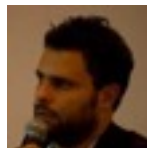
**G. DI GIACOMO**  
*Orthopaedic surgeon, Rome*



**G. VERCELLI**  
*Sport Psychologist consultant Juventus F.C. and FICK national team*



**A. POSER**  
*Kinè- physiotherapeutic center, Conegliano (TV), University of Padova and Siena*



**D. RISTORI**  
*University of Genoa*



**P. GLASGOW**  
*Sports Institute Northern Ireland (SINI), Belfast, UK, University of Ulster*

## FACULTIES



**D. LASINI**  
*Strenght&Conditioning head,  
Sports Institute Northern  
Ireland (SINI), Belfast, UK*



**N. PHILIPS**  
*University of Cardiff, Wales,  
UK, President IFSPT*



**L. DI FILIPPO**  
*Fisioanalysis center,  
Alessandria (AL), University of  
Rome*



**C. RAMPONI**  
*Kinë - physiotherapeutic center,  
Conegliano (TV), President  
GISPT*



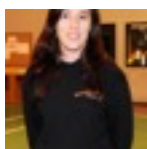
**L. FRANCIANI**  
*PhD candidate - University of  
Genoa*



**E. DOVETTA**  
*Private practitioner, Pinerolo  
(To)*



**M. CONSTANTINO**  
*Griffith University, Australia*



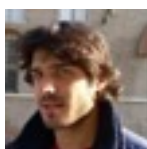
**M. ROSA**  
*Women National team staff*



**M. FERRELLI**  
*Rome Football club staff*



**R. RINALDI**  
*Team physiotherapist at  
British Bobsleigh - University  
of Siena*



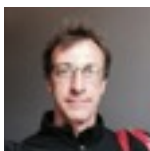
**M. CATTANEO**  
*Milan Football club staff*



**P. MAZAS**  
*University of Saragoza, Spain*



**C. CONTI**  
*Sport Psychologist, Human  
Resources in sport area  
center, Firenze, University of  
Siena*



**C. ZIMAGLIA**  
*Tennis professional team staff*



**E. TORTOLI**  
*SicurMedica Center, Arezzo*





**M. BROWN**  
*Executive Officer of the  
“Sports Medicine Australia  
Queensland Branch” - Griffith  
university*



**R. GATTI**  
*San Raphael Hospital -  
president SIF*



**D. ALBERTONI**  
*Università of Genoa and  
Siena, President GTM*



**S. CECCHETTO**  
*Health professional Head,  
Trento*



**L. VISCONTI**  
*Team physiotherapist at  
Italian mountain bike,  
University of Lugano*



**A. VALENT**  
*Physician, rehabilitation  
medicine specialist, Modena*

## GENERAL INFORMATION

### CONGRESS VENUE

Arsenale della Pace - home of Sermig  
Piazza Borgo Dora 61, 10161 – Torino TO

### OFFICIAL LANGUAGE

Italian and English. Italian / English and viceversa simultaneous translation will be provided.

### ATTENDING FEES (in Euro)

TYPE OF PARTECIPANTS	<i>Early bird until August 31th</i>		<i>Normal fee since September 1st</i>	
	<i>without lunch included N. 4 coffee break</i>	<i>included N. 4 coffee break &amp; N. 2 lunch</i>	<i>without lunch included N. 4 coffee break</i>	<i>included N. 4 coffee break &amp; N. 2 lunch</i>
<b>A. GIS SPORT MEMBERS</b>	150,00	180,00	190,00	220,00
<b>B. AIFI, GIS, SIF, FISIOBRAIN, ISMUL, SIGASCOT MEMBERS</b>	170,00	200,00	190,00	220,00
<b>C. OTHER PHYSIOTHERAPISTS AND MEDICAL DOCTORS</b>	190,00	220,00	190,00	220,00
<b>D. ITALIAN UNIVERSITARY POST GRADUATE IN SPT STUDENTS</b>	130,00	160,00	190,00	220,00
<b>E. IFSPT MEMBERS &amp; INTERNATIONAL GUEST (<a href="#">Application Form</a>)</b>		160,00	190,00	220,00
<b>F. STUDENTS OF BACHELOR IN PHYSIOTHERAPY</b>	130,00	160,00	190,00	220,00

You will be able to register you on [sinergiaesviluppo.it](http://sinergiaesviluppo.it) by **02.05.2015**

If you have any questions, please contact us to: [info@asrconference.it](mailto:info@asrconference.it)

IMPORTANT: All the IFSPT Members & International participants have to submit this [Application Form](#).

Registration includes: congress map, coffee breaks on both days, lunch on both days (optional), free access and download to all scientific presentations in a few weeks after the conference and all eventually official gadgets.

## POSTER SESSION

Especially looking for Sports Physical Therapistist University PG courses.

Other information on <http://www.asrconference.it/poster-session/>

	SATURDAY 14th	SUNDAY 15th
Free entrance to all delegates of the Conference	Tunnel / No seats available	Tunnel / No seats available
08:00 - 09:00		Poster 1-3-5-7-9 Poster 2-4-6-8-10
13:00 - 14:00	Poster 1-3-5-7-9	Poster 2-4-6-8-10

## WORKSHOPS

The event will be enriched by parallel sessions promoted by some partner/sponsor of the event.

	SATURDAY 14th	SUNDAY 15th
Free entrance to all delegates of the Conference	80 seats available	80 seats available
09:20 - 10:20	Workshop 1	Workshop 5
11:00 - 12:00	Workshop 2	Workshop 6
14:30 - 15:30	Workshop 3	Workshop 7
16:30 - 17:30	Workshop 4	Workshop 8

Go to <http://www.asrconference.it/workshops/> for the upgraded topics list.

## LATERAL EVENTS

Two high level Sport rehabilitation courses, one university meeting with two international lectures and the important position statement promoted in conjunction with AIFI, IFSPT and FISIOBRAIN.

- **Turin Position Statement: LCA post surgery rehabilitation**
- **Soft Tissue University Scientific meeting**
- **Sport Rehabilitation: Critical Thinking and Dynamic Practice**
- **Emergency medical Response for Sports Physical Therapists**

## CONTACTS

For any question or information about the 1<sup>st</sup> GISPT Conference, please send an email to **info@asrconference.it** Marco Cuniberti, Secretary of Organizing Committee, will answer you in a few hours.